

Approved Exemptions for Second Unit of Physical Education

Approved Non-State Funded Activities

(*) Represents local school activities

Marching Band Dance Teams* Gymnastics Pep Squad* Tennis
Baseball Drill Teams* Ice Hockey* Soccer Track

Basketball Flag Squad* Lacrosse* Softball Ultimate Frisbee*

Cheerleading Football Majorettes Step Team* Volleyball Cross Country Golf Performance Theatre* Swim/Dive Wrestling

Note: Performance Theatre concentrates on the development of themes and performance of multiple phrase compositions (i.e., design, improvisation, use of qualities and musical forms). Performance theatre includes, but is not limited to, choreography, creative and expressive dance, folk and ethnic dance, and square dance. Performance theatre experiences develop fitness and the ability to synchronize movement with musical structure. Only students who attend a school that does not offer an athletics program are eligible to meet the graduation requirement by successfully completing the Performance Theater course. Currently, this only applies to students who attend the DeKalb School of the Arts, DeKalb Early College and Elizabeth Andrews High School.

Approved State Funded Courses

JROTC Dance

Eligibility Recommendations to Exempt One Unit of Physical Education

- The county will provide a verification form to all principals to give to coaches and sponsors at the beginning
 of each semester.
- Coaches or sponsors will verify student's participation by signing the PE Exemption Student Log.
- The coach/sponsor will compile a master list of all students who should receive exemptions.
- This master list will be submitted to the principal for approval within six weeks after the season ends.
- Verification forms must be submitted to counselors at the end of each semester in order to have them posted on the students' transcripts (see chart).

Criteria to Exempt One Unit of Physical Education:

Verified units will be granted using the following criteria:

- 135 practice or activity hours beyond the school day will be required to exempt 1 Carnegie unit of PE
- 65 practice or activity hours beyond the school day will be required to exempt ½ Carnegie of PE
- Activity hours will only be accepted for DeKalb County School District sponsored activities
- One unit may be exempted through validated full-year participation in school sponsored athletics, marching band, dance and/or JROTC, etc. A student who validates full-year participation in these school-sponsored activities may substitute one unit of credit in any other elective area for the second unit of Physical Education (Board Policy)
- Non state-funded courses/activities must have approved documentation
- Team Sports do not earn Carnegie Units and shall not be included in student's schedule

Procedure for Approval of Additional Activities to Exempt One Unit of Physical Education

Schools must submit a request in writing to the Division of Curriculum and Instruction (Attention: K-12
Health and Physical Education Coordinator) for consideration of additional activities.

